An aerial photograph of a river winding through a lush, green forest. The sky is filled with vibrant sunset colors, including shades of orange, pink, and purple. The river is the central focus, with a road visible on the right side of the frame.

Your Ultimate Guide To Visit

The Ocoee

America's Favorite Whitewater Rafting Destination

- Map of the Ocoee
- Complete Packing Checklist
- Best Places to Stay
- Restaurants, Pubs, + Breweries
- Medical Centers

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Best Time to Visit

Every season, different experience

The Ocoee River is a year-round destination, with **whitewater rafting available from March through October**. Thanks to its dam-controlled flow, you can enjoy thrilling rapids, no matter the season within this window; however, the experience can vary depending on the time you visit.

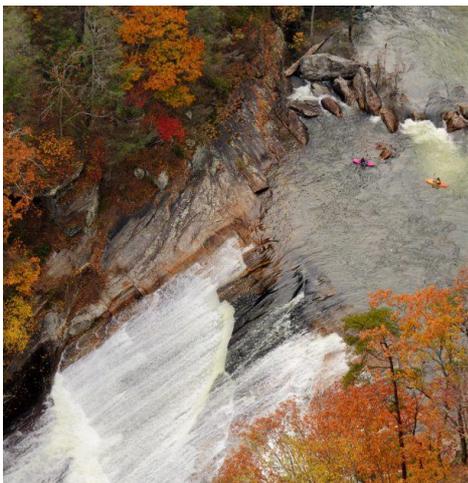
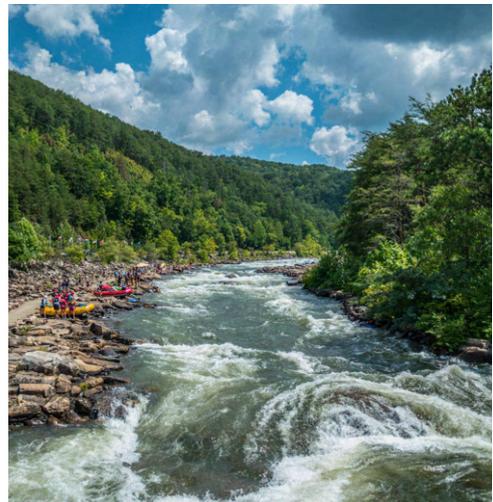


March - May (Spring)

Spring offers a comfortable time for rafting, thanks to mild temperatures and refreshing water. This season also brings vibrant wildflowers and increased wildlife activity along the riverbanks, making it a great time for nature enthusiasts.

June - August (Summer)

It is the busiest season, providing warm weather, sunny skies, and refreshing river water. It's the prime time for rafting, making it perfect for families and first-timers. With plenty of daylight, summer also offers opportunities for exploring the area's other outdoor activities like hiking and ziplining.



September - October (Fall)

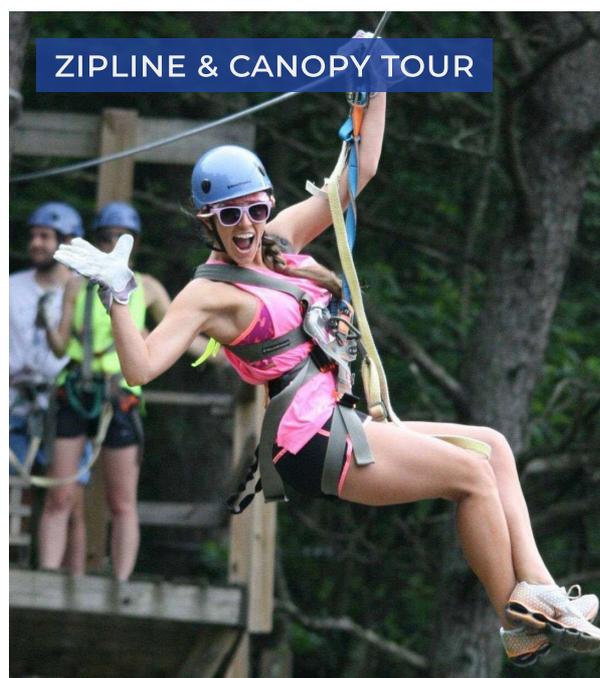
Fall brings cooler temperatures and vibrant fall foliage, making it an incredibly scenic time to visit. While the rapids remain exciting, the crowds thin out, providing a more serene rafting experience. The autumn months are perfect for those who prefer a more peaceful, yet still exhilarating trip on the river.

Adventures of the Ocoee

It's more than just rafting

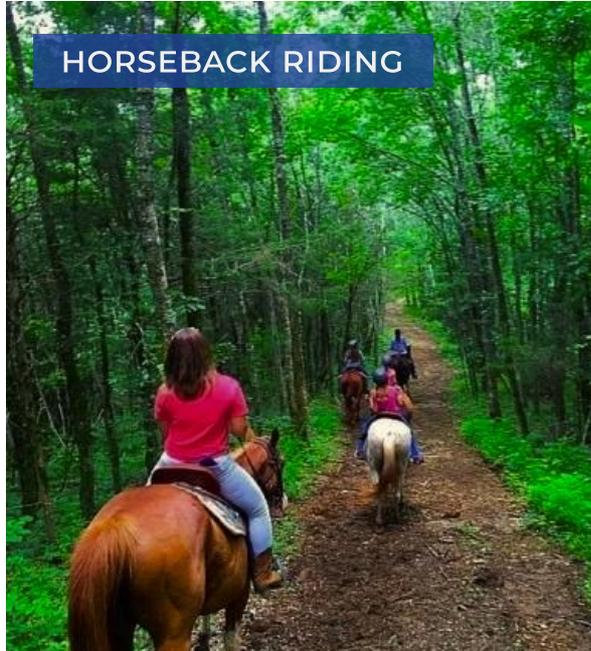
The Ocoee isn't just for thrill-seekers—it's a destination that offers something for everyone. Whether you're chasing the rush of outdoor adventure or looking for serene moments to unwind, the Ocoee strikes a perfect balance between excitement and relaxation.

Here's our hand-picked guide to the best activities in the Ocoee:



Adventures of Ocoee

It's more than just rafting



HORSEBACK RIDING



HIKING

The Ocoee River is surrounded by incredible hiking options, including Benton Falls, Clemmer Trailhead, Rock Creek Trail, Brush Creek to Boyd Gap, and Gee Creek Trail.



CAMPING AT BIG FROG



FLY AT CHILLOWHEE GLIDERPORT

Rafting, Ziplining, Mountain Biking, and Horseback Riding are available at RaftOne. You can also enjoy **Camping at Big Frog** – our sister company.

Limited-Time Offer: Call [1-888-723-8663](tel:1-888-723-8663) and mention our eBook for 10% off!

Map of The Ocoee River

Explore America's favorite

The Ocoee River isn't just a place—it's an experience. Thrilling, nonstop Class III-IV rapids make the Ocoee River loved by rafters of all skill levels!

Whether you're taking on the adrenaline-pumping Hell's Hole or enjoying the splash through Double Trouble, every moment on the river is a story worth telling.

And don't worry if you're new to this—The Ocoee has something for everyone. We'll guide you through the rapids, from the approachable Class III waves to the more intense Class IV stretches, providing you with knowledge and skills to navigate safely.



The Rapids of Ocoee

Get to know them

Mikey's Ledge (Class IV): Hold on tight because you'll plummet down a sharp six-foot drop. The water surges with power, throwing you into a thrilling ride.

Callihan's (Class IV): This rapid has a wild rush of fast currents and tight turns that'll test your nerves and teamwork. Conquer it, and you'll feel invincible.

Godzilla (Class IV): Huge waves, rapid currents, and a need for quick reflexes make this one of the most exhilarating stretches on the river.

Humongous (Class IV): This is the beast of the Ocoee—a massive rapid that will test your skills and leave you with stories to tell for years.

Roach Motel (Class IV): A sneaky ride that will keep you on your toes with its sudden twists and unexpected bumps. Get ready to be surprised at every turn.

Edge of the World (Class IV): A dramatic drop that feels like a free fall through earth itself. It's the kind of rapid that will leave you breathless and exhilarated.

Grumpy's (Class IV): Don't let the name scare you! This is a perfect starting point with fun waves and easy currents.

Broken Nose (Class IV): A bit more action here with fast-flowing water, but still friendly for first-timers.

Slice + Dice (Class III): Navigate through tight turns and playful waves. It's a rapid that demands precision but guarantees fun.

Double Suck (Class III): Two thrilling drops in succession—this one is all about timing and teamwork.

Flipper (Class III): Quick twists and turns combined with a sudden drop that'll keep you on the edge of your seat.

Hiwassee Shoals (Class II): A smooth and scenic section to soak in the views while gliding over gentle rapids.

Table Saw (Class IV): With fast currents and big waves, this rapid is a fan favorite. It's exhilarating but manageable if you stay sharp.

Diamond Splitter (Class IV): Paddle through this tight and technical rapids which splits into two. Take it as the perfect opportunity to test your reflexes.

Dixie Drive (Class III): Speed and splash through this rapid for a session of non-stop fun. Its time to let loose and laugh through the ride.

Hell's Hole (Class III): A popular Class III wave hole, delivers powerful surfs and enders for kayakers.

Upper Vs. Middle

What's the difference?

While the Upper and Middle Ocoee share the same river, each section offers a distinct adventure. The Upper Ocoee is famous for its challenging rapids and adrenaline-pumping drops, including the thrilling Olympic Course.

On the other hand, the Middle Ocoee is perfect for a mix of excitement and scenic beauty, offering continuous Class III and IV rapids with breathtaking views.

For laughs, splashes, and memories that last a lifetime, both sections promise unforgettable rafting experiences everyone will enjoy.

Enjoy the Full River Ocoee Trip—both sections, big thrills, and a tasty lunch included!

UPPER OCOEE RIVER	ASPECTS	MIDDLE OCOEE RIVER
Olympic Course	 DIFFICULTY	Friendly for Everyone ages 12 and up.
Big, Wild Waves	 RAPIDS	Continuous Rapids
Thrilling + Intense	 RAFTING TYPE	Steady + Non-Stop Fun
Breaks with Big Pushes	 FLOW	Constant
Less Crowded, Expert-Driven	 POPULARITY	Most Popular Rafting Trip

Pick Your Rafting Trip

Middle, Upper, or Full



Middle Ocoee Trip

3 HRS**MOST-POPULAR**

The Middle Ocoee is an adventurous five-mile stretch of continuous Class III and IV rapids, perfect for adventurers seeking an exciting yet manageable whitewater experience. Famous rapids like "Grumpy's" and "Tablesaw" provide non-stop action, while the scenic gorge offers stunning views. This section is ideal for first-timers and seasoned paddlers alike, blending adrenaline and natural beauty.

Upper Ocoee Trip

3 HRS**OLYMPIC COURSE**

The Upper Ocoee delivers a high-energy ride through challenging Class III and IV rapids, including the legendary Olympic Course from the 1996 Games. This section boasts technical drops, powerful waves, and precise maneuvers, making it a favorite for thrill-seekers. Between rapids, enjoy moments of calm, surrounded by breathtaking Appalachian scenery, creating a well-rounded adventure for experienced rafters.



Full Ocoee Trip

5 HRS**ADVENTURER'S PICK**

A Full Ocoee Trip combines the Upper and Middle sections into a thrilling 10-mile whitewater adventure. Tackle iconic rapids like "Godzilla" and "Humongous" on the Upper, then ride the continuous waves of the Middle. With over 20 major rapids, breathtaking scenery, and a riverside lunch to refuel, this all-day trip is pure exhilaration, perfect for adventure lovers seeking nonstop excitement on the water!

Eligible for ages 12 and above. All trips include river gear and shuttle service.

Packing Checklist

Here's everything you need

Common Items (FOR ALL WEATHER CONDITIONS)

- Quick-drying clothing
- Shoes or sandals with a back
- Sunscreen
- Sunglasses with straps
- Towel and change of clothes
- Personal medications

Men (SPRING/SUMMER)

- Swim Trunks or Board Shorts
- Quick-dry Top or Rash Guard
- Water Shoes or River Sandals or Tennis Shoes

Women (SPRING/SUMMER)

- Swimsuit or Quick-drying Shorts
- Rash Guard or Quick-dry Top
- Water Shoes or River Sandals or Tennis Shoes

Men (FALL/SPRING)

- Wetsuit (Provided)
- Thermal Base Layers (Polyester)
- Neoprene Socks & Water Shoes
- Splash Jacket (Provided)

Women (FALL/SPRING)

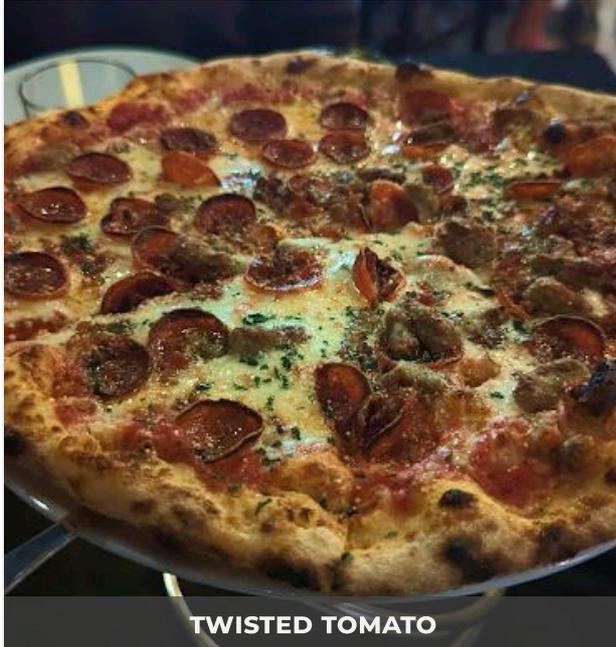
- Wetsuit (Provided)
- Thermal Base Layers (Polyester)
- Neoprene Socks & Water Shoes
- Splash Jacket (Provided)

Note: Avoid bringing items that could be lost or cause littering on the river. We have a key box to hold onto your car keys while you're out on the river rafting. We ask that you leave everything that you don't want to lose in your vehicle.

Limited-Time Offer: Call [1-888-723-8663](tel:1-888-723-8663) and mention our eBook for 10% off!

Diners and Restaurants

Tantalize your taste buds



TWISTED TOMATO

Canopy Cafe

A cozy spot at our rafting site offering great coffee, sweet treats, and a relaxed atmosphere perfect for hanging out. [Copperhill, TN]

Rum Cake Lady

Taste the authentic Cuban flavors of empanadas, tamales, and more on a dog-friendly patio near the Ocoee River. [Blue Ridge/McCaysville, GA]

The Waterfront Bar

Taste the flavors of the South with fresh seafood, burgers, and craft cocktails at The Waterfront—a riverside gem with a dog-friendly patio near the Ocoee River. [Copperhill, TN]

Myrtle's Cafe

Myrtle's Cafe, offers a variety of dishes that cater to diverse palates. Their menu features sandwiches, salads, soups, and baked goods, with gluten-free options and fresh vegetables available. [Benton, TN]

Habanero's

A family-owned restaurant offering a fusion of American and Mexican cuisines, prepped from scratch. [Copperhill, TN]

Kenny's Pizza + Subs

A cozy, casual eatery serving New York-style pizza, hearty burgers, and Philly cheesesteaks with great flavor. Friendly service and a welcoming vibe make it a go-to for comfort food lovers. [McCaysville, GA]

Kat's Deli

A charming spot near the Blue Ridge train with great food, friendly staff, all-day breakfast, and outdoor seating perfect for families. [McCaysville, GA]

Happy Bear Ice Cream

A refreshing treat on a hot day, offering classic and unique flavors including dairy-free sorbets. [McCaysville, GA]

The Tavern at Old Toccoa Farm

The Tavern at Old Toccoa Farm offers smoked trout dip, charcuterie, and Tavern Burgers, paired with craft cocktails and scenic mountain views. [Mineral Buff, GA]



THE TAVERN AT OLD TOCCOA FARM

Pubs and Breweries

Unwind, Ocoee style



HAGAN O'REILLY'S IRISH PUB

Pubs

The Blue Coyote: Karaoke, wings, and a huge selection of draft beers, all served with great service in a fun atmosphere. [Blue Ridge, GA]

Hagan O'Reilly's Irish Pub: Authentic Irish pub experience with live music and a diverse menu. [Dalton, GA]

The Press (Wine Bar): A delightful menu featuring charcuterie boards, sandwiches, and a selection of wines, ciders, and beers. [Cleveland, TN]

The Boro Inn: Enjoy great whiskey, lively stories, and a cozy atmosphere, all served by an exceptional bartender and owner. [Blue Ridge, GA]

Breweries

Grumpy Old Men Brewing: Relaxed, dog-friendly taproom offering a diverse selection of craft beers. [Blue Ridge, GA]

Mash & Hops: Craft beer café offering a curated selection of 24 taps and over 725 craft beers. [Cleveland, TN]

Buck Bald Brewing: Charming brewery located in a converted gas station, complete with games and a pet-friendly policy. [Copperhill, TN]

Copperhill Brewery: A cozy brewstillery serving freshly brewed beers, handcrafted cocktails, and delicious bites from a food trailer. A perfect spot to relax and enjoy. [Copperhill, TN]

Angry Hops Brewing: Top-notch brews, from Hefeweizens to standout DIPAs, with friendly service and plenty of outdoor seating. [Blue Ridge, GA]



GRUMPY OLD MEN BREWING



TN/GA STATE LINE AT COPPERHILL BREWERY

Pick Your Stay

Relax & recharge

Cabin Rentals

Southern Comfort Cabin Rentals – Providing luxury, mountain view, pet-friendly, and lakefront cabins in North Georgia, they offer top-tier amenities, concierge services, and flexible booking for a seamless getaway. [[866.4CABINS](tel:8664CABINS)]

Blue Sky Cabin Rentals – With 165+ cabins ranging from rustic retreats to luxury escapes, they offer scenic, pet-friendly getaways across Ellijay and Blue Ridge. Proudly serving North Georgia travelers since 2004. [[706-636-2226](tel:706-636-2226)]

Morning Breeze Cabin Rentals: Luxury cabin rentals in Blue Ridge and Ellijay with spectacular mountain views or water settings. Pet-friendly, Hot tubs, fire pits, and many have game rooms, screened porches, and easy access. [[888-875-5669](tel:888-875-5669)]

Cabin Rentals of Georgia: Offering hand-picked Blue Ridge cabins from cozy 2-bedrooms to grand 5-bedroom lodges, they combine luxury with charm. Expect hot tubs, game rooms, fire pits, and Toccoa River access—all from a family-owned company with 20+ years in North Georgia hospitality. [[706-432-2140](tel:706-432-2140)]

Mountain Escapes Cabin Rentals – Cozy retreats near Blue Ridge, GA, and Ocoee River, TN. With over 30 cabins, from romantic getaways to spacious lodges, enjoy stunning views, fireplaces, and modern comforts. Perfect for adventure or relaxation! [[888-875-5669](tel:888-875-5669)]

Celebrate Blue Ridge – Offering upscale cabins in the Blue Ridge Mountains, they blend modern comfort with nature for a relaxing escape—perfect for reconnecting with loved ones. [[770-689-9826](tel:770-689-9826)]

Drift Away Luxury Lodging – Specializing in luxury stays for large groups, they offer cabins with private pools, hot tubs, fire pits, mountain views, a putting green, and more—perfect for unforgettable gatherings in Blue Ridge. [[470-440-0855](tel:470-440-0855)]

Willow Creek Cabin Rentals – Set in the scenic Blue Ridge Mountains, they offer luxurious cabins with stunning views of Lake Blue Ridge, Toccoa River, or Fightingtown Creek. Whether relaxing at the cabin or exploring downtown shops, trails, and local cafes, every stay promises the perfect mountain escape. [[706-946-6500](tel:706-946-6500)]

Sacred Stays Luxury Properties – Blending luxury with nature and local culture, they offer refined stays designed to elevate your vacation experience. With personalized service and thoughtfully curated spaces, every visit is a chance to relax, connect, and discover your sacred space. [[941-281-5135](tel:941-281-5135)]

Virtue Vacations – Bringing the comfort of home to the Blue Ridge Mountains, they offer thoughtfully renovated cabins that blend rustic charm with modern luxury. With warm service and cozy, upscale spaces, each stay invites you to unwind, explore local traditions, and reconnect with nature. [[678-916-7551](tel:678-916-7551)]

Hidden Creek Cabin Rental: A luxurious 6-bedroom retreat nestled near the Ocoee River, offering a game room, hot tub, fire pit, and spacious outdoor areas. [Blue Ridge, GA]

Pick Your Stay

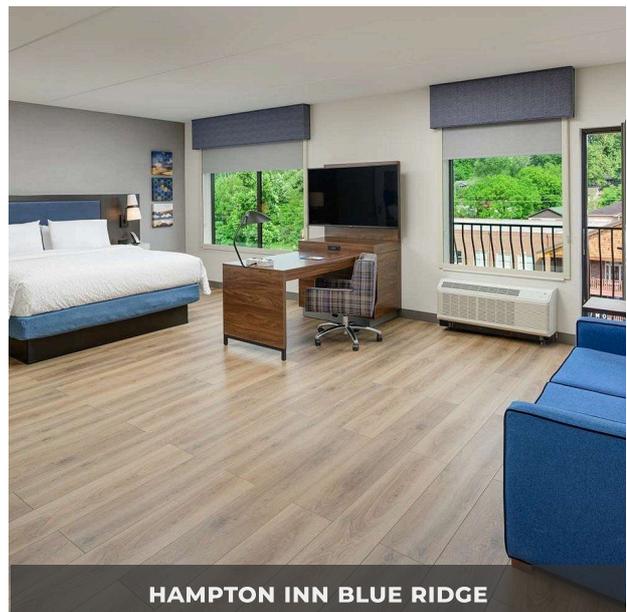
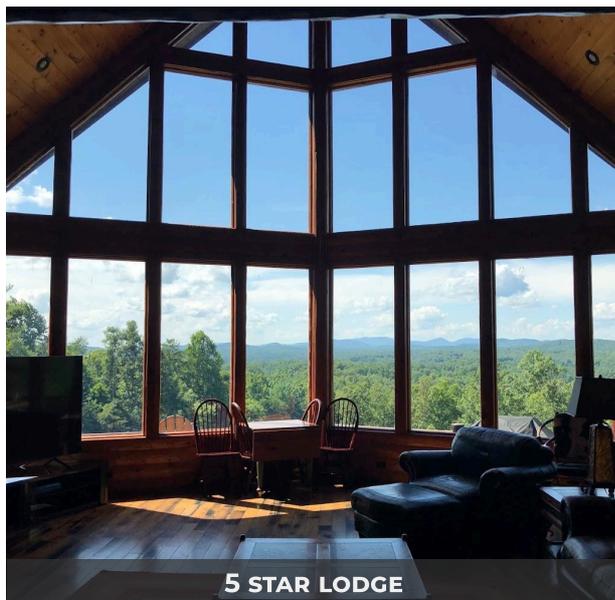
Relax & recharge

Lodges

5 Star Lodge: A spacious lodge with a screened-in porch, fireplaces throughout, an outdoor firepit, and a breathtaking Five Star pavilion, with a scenic overlook.
[Blue Ridge, GA]

Willow Creek Falls: A cozy lodging nestled in a serene setting with beautiful landscaping offering peaceful walks by the pond and rejuvenating med spa treatments. [Blue Ridge, GA]

Fawn Mountain Lodge: A luxurious 4-bedroom, 5-bath rental with stunning mountain views, a fireplace, and a spacious deck with a wood-burning fireplace and grill.
[Mineral Buff, GA]



Hotels

The Mallard Hotel: Wake up to breathtaking mountain views, relax in a cozy modern room, and enjoy amenities like a game room, outdoor fire pit, and fitness center. [Copperhill, TN]

Hampton Inn Blue Ridge: Stay in cozy, pet-friendly rooms and enjoy free WiFi, a delicious breakfast each morning, and plenty of activities for the whole family. [Blue Ridge, GA]

Welcome Valley Village: Unwind in cozy riverside cabins surrounded by nature and enjoy easy access to outdoor adventures along the Ocoee River. [Ocoee, TN]

Quality Inn: Spend your holiday in relaxing pet-friendly rooms with a fitness center, free Wi-Fi, and a free hot breakfast to start your day. [Ocoee, TN]

Pick Your Stay

Relax & recharge

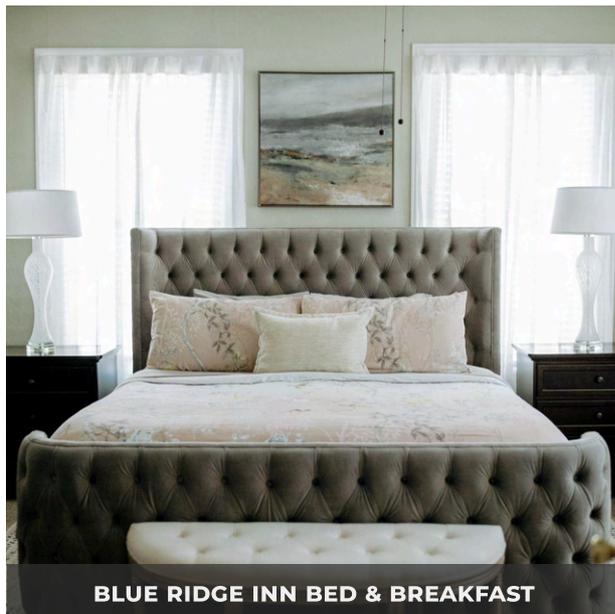
Bed & Breakfasts

Legacy Bed & Breakfast Spa Facility: Get pampered with country living with a touch of elegance at this peaceful retreat offering luxurious suites. [Blue Ridge, GA]

Blue Ridge Inn Bed & Breakfast: Choose from 8 themed rooms and 4 suites, with private baths, fireplaces, and a full country breakfast for a cozy stay. [Blue Ridge, GA]

The Company House: Enjoy a relaxing stay with air-conditioned rooms, free WiFi, and free parking with easy access to the best of the area. [Ducktown, GA]

Dogwood Inn: Escape to a romantic country getaway with cozy rooms, nearby hiking, an outdoor fireplace, and a picnic area to relax. [Blue Ridge, GA]



BLUE RIDGE INN BED & BREAKFAST



OCOEE RV PARK

Campgrounds and RVs

BigFrog Campsite (Our Sister Company): A rugged outdoor paradise with scenic trails, stunning views, and a spacious campsite for large groups. [Ocoee, TN]

Persimmon Creek RV Park: This peaceful RV park offers creekside camping, fishing ponds, pet-friendly spaces, full hookups, and modern amenities near top scenic attractions. [Murphy, NC]

Sugar Creek Pay & Stay: Spacious, nature-surrounded long-term rentals for mobile housing, including RVs and tiny homes, with full hook-ups for convenience. [Blue Ridge, GA]

Blue Ridge RV Resort: The RV park offers full hook-ups and breathtaking long-range views, with pet-friendly sites that provide a perfect spot for a relaxing stay. [Morganton, GA]

Pick Your Stay

Relax & recharge

Treehouses

Treehouse Mountain: With 30 acres of forest to explore, four unique treehouses, a sauna, and a hot bath, it's perfect for a group getaway. [Copperhill, TN]

Blue Ridge Treehouse at Bear Claw Vineyards: A pet-friendly treehouse with stunning vineyard and creek views, scenic walks, local wines, and tasty snacks. [Blue Ridge, GA]

RiverRock on Toccoa: Fish, swim, or tube right from your private perch above the Toccoa River, offering spacious decks, a hot tub, a riverside fire pit, and more. [Blue Ridge, GA]



RIVERROCK ON TOCCOA



OCOEE RIVERSIDE FARM

Farmstays

Ocoee Riverside Farm: A 30-acre riverfront retreat offering unique accommodations. You can also the entire farm for reunions, retreats, or weddings! [Benton, TN]

6 Ponds Farm: Experience the beauty of farm life with 6 ponds while staying at the cozy cabin offering rustic handmade furnishings, a fireplace, and a hot tub. [Morganton, GA]

Medical Centers

For emergencies



HOSPITALS

Blue Ridge Hospital

[Blue Ridge, GA] +1 706-632-3711

Tennova Healthcare

[Cleveland, TN] +1 423-339-4100

CHI Memorial Hospital

[Chattanooga, TN] +1 423-495-2525



PHARMACIES

First Care Family Pharmacy

[Ocoee, TN] +1 423-299-9029

Blue Ridge Pharmacy

[Blue Ridge, GA] +1 706-632-2244

McCaysville Drug And Gun

[McCaysville, GA] +1 706-492-4126



VETERINARIANS

Ocoee Animal Hospital

[Blue Ridge, GA] +1 407-656-6050

New Hope Pet Vet

[Cleveland, TN] +1 423-715-1477

Bishop Animal Hospital

[Benton, TN] +1 423-338-5077

Explore More of Ocoee

From wildlife parks to museums

Blue Ridge, GA

- Blue Ridge Scenic Railway
- Escape Blue Ridge
- The Sasquatch Museum
- Vertigo Pinball
- Mercier Orchards
- Bear Claw Vineyards + Winery
- The Lilly Pad Village

McCaysville, GA

- Tooney's
- Horseshoe Bend Park
- The Folk Collaborative

Copperhill, TN & Ducktown, TN

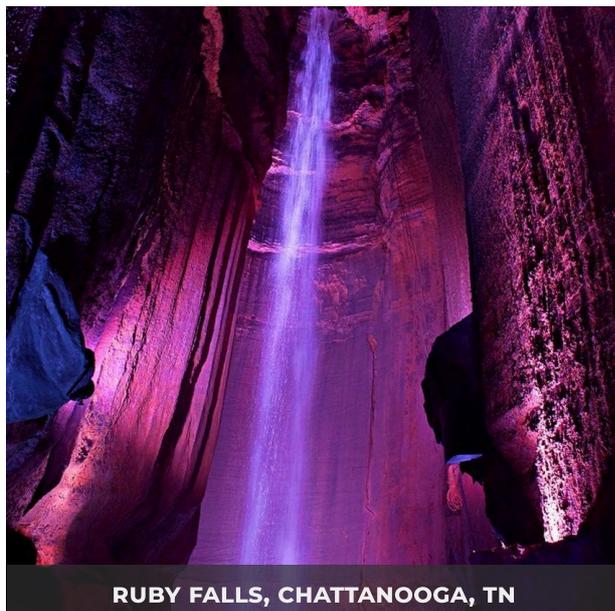
- Blanche Manor LLC
- Ocoee Whitewater Center
- RaftOne
- Ducktown Basin Museum

Tellico Plains, TN

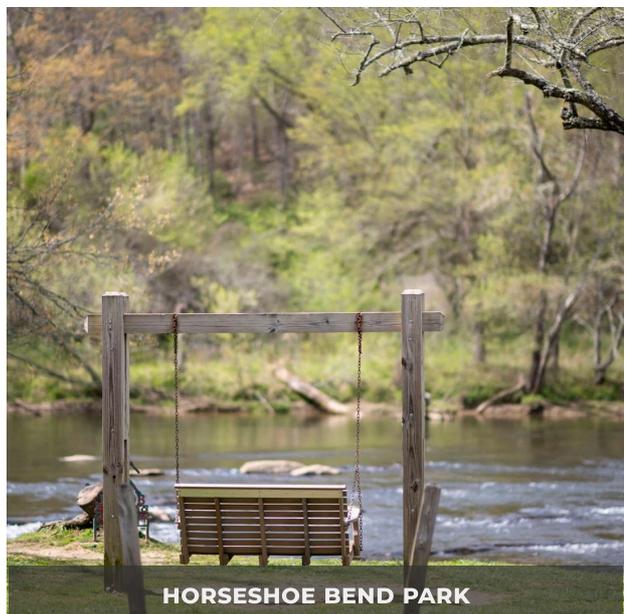
- Cherohala Skyway
- Baby Falls
- The Lost Sea Adventure
- Charles Hall Museum

Chattanooga, TN

- Ruby Falls
- Rock City Gardens
- Tennessee Aquarium
- Chattanooga Zoo
- Creative Discovery Museum
- Coolidge Park
- Tennessee Valley Railroad Museum
- Classic Arcade Pinball Museum
- Hunter Museum of American Art
- Escape Experience Chattanooga
- Bluff View Art District
- Sunset Rock



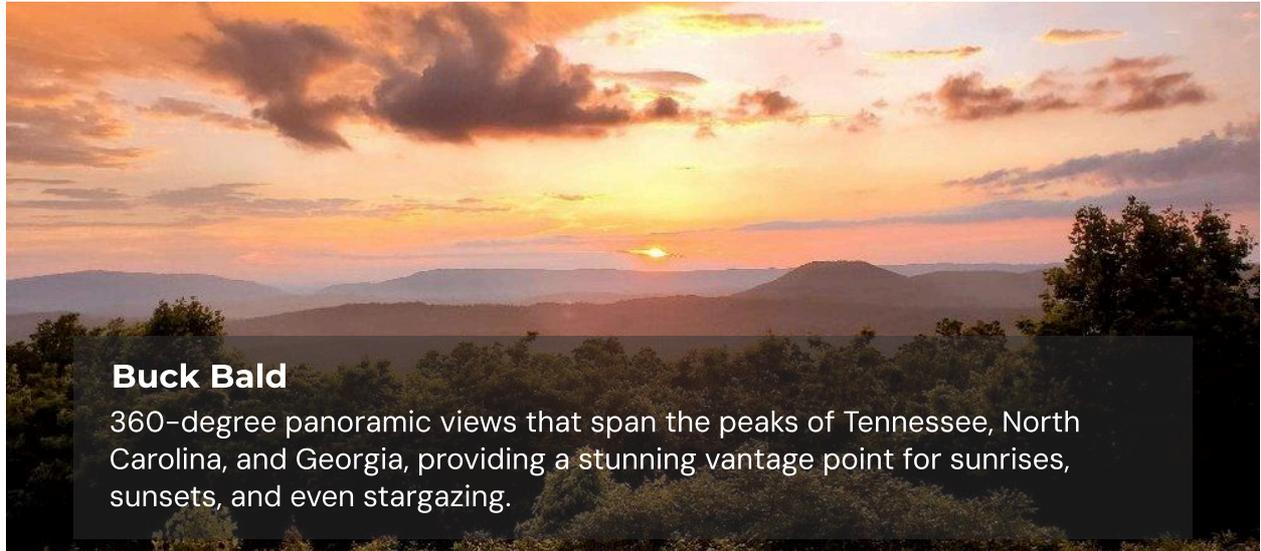
RUBY FALLS, CHATTANOOGA, TN



HORSESHOE BEND PARK

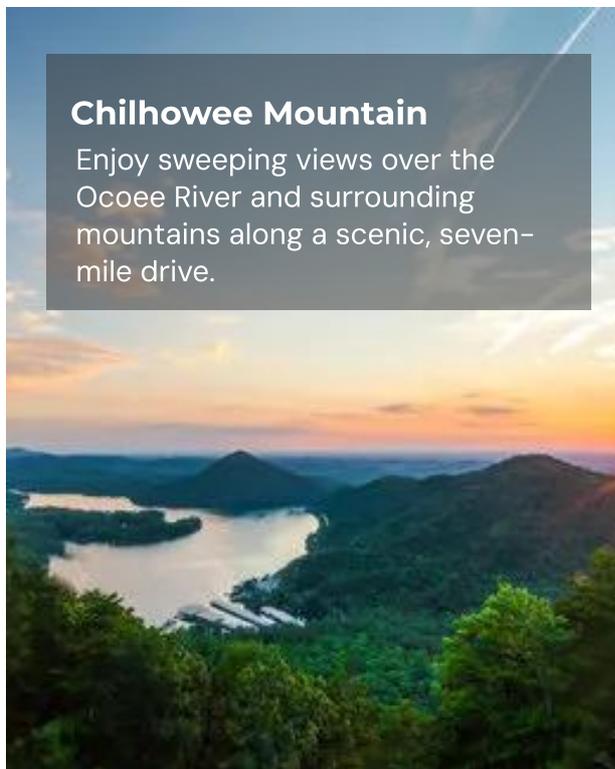
Ocoee's Best Views

A sight to remember



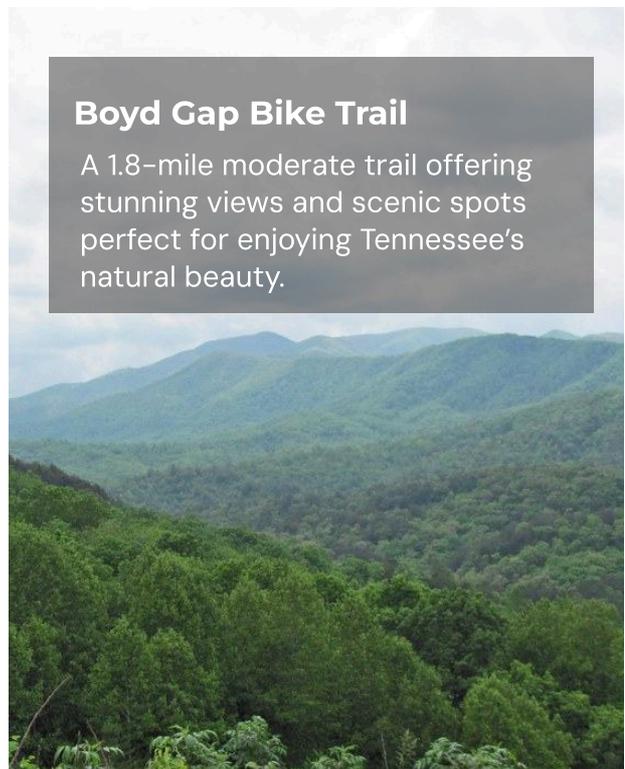
Buck Bald

360-degree panoramic views that span the peaks of Tennessee, North Carolina, and Georgia, providing a stunning vantage point for sunrises, sunsets, and even stargazing.



Chilhowee Mountain

Enjoy sweeping views over the Ocoee River and surrounding mountains along a scenic, seven-mile drive.



Boyd Gap Bike Trail

A 1.8-mile moderate trail offering stunning views and scenic spots perfect for enjoying Tennessee's natural beauty.

The Other Side of Ocoee

Celebrate like a local



Blooms Bluegrass BBQ (May)

Enjoy bluegrass music, blooming topiaries, a barbecue competition, and over 90 vendors of local crafts and artisanal foods.

[Sweetwater, TN]



The River Maze (Sep - Nov)

A fun-filled, family-friendly attraction featuring a corn maze, hayrides, and seasonal activities

[Benton, TN]



Santa at the Farm (Dec)

A charming event at Mercier Orchards, offering a festive atmosphere with Christmas treats, and the chance to meet Santa.

[Blue Ridge, GA]

THAT'S A WRAP!

Our awesome team at RaftOne has put their heart and soul into creating this eBook, all to make sure your time in Ocoee is nothing short of unforgettable.

We've covered all the essentials, but if there's anything we missed or something you're curious about, don't hesitate to drop us a line at info@raft1.com or call us at [1-888-723-8663](tel:1-888-723-8663).

We're here to help you make the most of your adventure!



Come Explore the Ocoee with RaftOne



WHITEWATER RAFTING | ZIPLINE & CANOPY TOURS | HORSEBACK RIDING | MOUNTAIN BIKING



Certified Guides



Top-Notch Equipment



Eco-Friendly Commitment

We offer lodging, with additional camping available at our sister company, Big Frog Mountain Outfitters. (raftingocoe.com)

Book today and receive 10% off your grand total!

Call [1-888-723-8663](tel:1-888-723-8663) and mention our eBook to save!

RATED ★★★★★ ON Google Tripadvisor